

Going to Kindergarten!



Care for Personal Needs

- Independently blow nose, cover sneeze, use the bathroom, wash hands
- Independently get dressed- button, zip, snap and zipper own pants, take off and put on coat, tie shoes
- With adult help, select and wear clothing appropriate for indoor and outdoor weather temperatures
- Recognize own items like jacket and lunchbox
- Eat meals at a table with silverware in 20-25 minutes
- Ask for help if needed

Social

- Follow directions and listen to an adult
- Play and cooperate with other children (without hitting or biting)
- Sit for short periods (15 min.)
- Say 'thank you' and 'please'
- Meet reasonable limits for behaviors set by caregiver
- Practice work habits like effort, initiative and persistence
- Interact frequently, talking and listening with trusted adult
- Talk with a trusted adult about their family, culture and values
- Learn about other cultures in the community

Academics

- Identify letter names
- Say the sounds of most of the letters
- Read every day with adults, talking about the pictures and the story
- Write first name and know last name
- Hold a book and turn pages correctly
- Sing songs, say rhymes and play rhyming games
- Identify labels and signs
- Tell about an experience
- Tell and retell familiar stories
- Use scissors and draw ideas using crayons or pencils
- Count 10 items
- Explore and play with toys, games and household objects

Health

- Run, jump, climb, swing and use balls
- Follow a daily routine that includes regular times for meals, outside play time and a bedtime for at least 10 hours of sleep
- Visit the dentist and doctor for regular check-ups and when sick

*While a strong kindergarten child can do most of what is outlined above, children develop at different rates. Children are ready for kindergarten if they meet age requirements!

Ready4K

Ready4K sends age appropriate facts and easy tips to families three times a week.



WHO

FREE for Mecklenburg County families with kids birth through 3rd grade



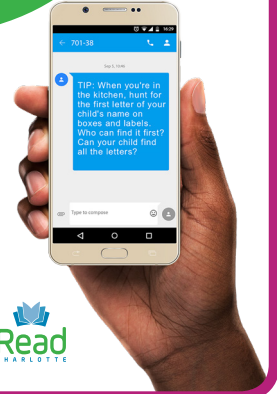
WHY

Proven to boost learning and prepare kids for success



HOW

Text ReadCLT to 70138 to enroll in English or Spanish text messages



Boost your child's learning with **FREE** activities and ideas!

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All CMS students have ONE Access – the ability to use a school ID number as a Library card and access learning resources based on grade level along with books and materials!

CHARLOTTE MECKLENBURG

LIBRARY

cmlibrary.org/oneaccess

(Select Elementary School)